



RELATIONALITY, OUR HOPE (Selected writings)

Alejandro Ávila-Espada

Madrid: Ágora Relacional, 2023

Relational Thinking Collection

Fundamental Series nº 27

Spanish edition

ISBN: 978-84-125655-4-6

D.L. M - 4505-2023 (U.E.)

668 pp. 21,5 x 15 cm. Rústica

CDU 159.9 616.8

THEMA: MKMT, MBPK, JMAF, JMS, JMT

Price: 24€

Distribution:

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On the book:

RELATIONALITY, OUR HOPE (Selected Writings) includes a selection of works, written by the autor between 1985 and 2022 and that have not been part of other published books. After an introduction that frames and describes the evolution of his thinking, the works have been grouped into four parts: I) On the conception of the relational clinic - where he develops his ideas about the relational perspective; II) About the processes of change, the facets of the technique and the effects of psychotherapy - related to his research interests for decades and his own intervention approaches; III) About the processes and contents of clinical and social intervention with its evolutionary facets - where the meaning and meaning of the interventions is considered; and IV) On the history and evolution of contemporary psychoanalysis - relational and group - which includes contributions from those who have been part of the history of contemporary psychoanalysis. The work has a prologue by Carlos Rodríguez-Sutil, and an epilogue by the author.

On author:

Alejandro Ávila Espada has been a professor of Personality, Psychological Evaluation and Treatment (Psychotherapy) at the Complutense University between 1976 and 1990, then at the University of Salamanca (1991-2004) and later again at the Complutense University (2004-2020), now retired since October 2020. He has also developed a career as a psychoanalytic psychotherapist (individual and group practice) for fifty years, as well as trainer and supervisor in these fields for more than three decades. Honorary President of the INSTITUTE OF RELATIONAL PSYCHOTHERAPY, named as Honorary Clinical and Training Director the entity ÁGORA RELACIONAL, a center dedicated to clinical care and continuous training in mental health from a relational perspective. Among his numerous works, the following stand out: *The Interpersonal Tradition. Social and Cultural Perspective in Psychoanalysis* (Madrid: Ágora Relacional) and *Relational Horizons* (Astoria, NY: IPBooks) as well as this new compilation of his Selected Writings.

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