



KOICHI TOGASHI

THE PSYCHOANALYTIC ZERO

A Decolonizing Study of Therapeutic Dialogues

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The Psychoanalytic Zero

A Decolonizing Study of Therapeutic Dialogues

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Series: Psychoanalytic Inquiry Book Series

This book is written from the unique perspective of a Western-trained Asian psychoanalyst and applies principles of Eastern philosophy to understand the psychoanalytic relationship, psychoanalytic processes, and their uses – and limitations – for alleviating human suffering.

The Psychoanalytic Zero will enrich an analyst's sensitivity to the appearance of the moment without context – the psychoanalytic zero - which opens infinite opportunities for continued growth in a psychoanalytic relationship. It will be of great appeal to psychoanalysts and psychoanalytic psychotherapists interested in self-psychological, intersubjective, and relational theories.

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